



# Thriving as a Presidential Spouse: Group Discussion



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2025 Presidents Institute ● **Spouses and Partners Program**

January 4–7, 2025 ● JW Marriott San Antonio Hill Resort & Spa ● San Antonio, Texas



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# Presenters

***Brian Giesler***, Presidential Spouse, St. Lawrence University (NY)

***Mike Householder***, Presidential Spouse, Macalester University (MN)

***Kelly Shushok***, Presidential Spouse, Roanoke College (VA)

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- Do you find the presidential spouse/partner role rewarding?
  - Do you feel successful in your role?
  - What are some of the obstacles that interfere with your ability to find joy/happiness in your role?
  - What strategies help you deal with negative experiences?
  - How do you find balance in your relationship?
  - What can you do to improve your ability to thrive in your role?
  - What do you need from your spouse/partner or others in the institution to help you thrive in your role?



# Q&A



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**Thank you for attending this session!**

